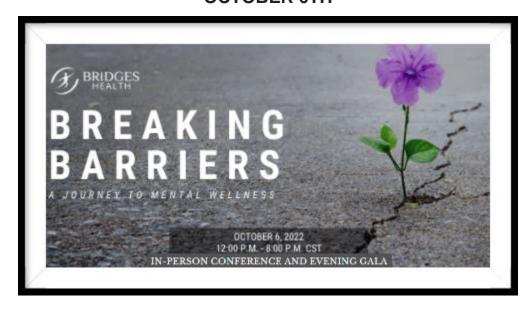


REGISTER TODAY - BRIDGES HEALTH BREAKING BARRIERS OCTOBER 6TH



Breaking Barriers Conference 2022 - Breaking Barriers provides an afternoon and evening to build resilience and support. Plan to attend with your peers, teams and co-workers.

https://breaking-barriers.ca/

A Journey to Mental Wellness. This year's conference will be held in person on October 6th, 2022, at Prairieland Park. The theme this year is *Post Pandemic: Emerge from the darkness*. We are happy to announce the proceeds of the event will support Possibilities Recovery Center and provide funding for the Youth Intensive Outpatient Mental Wellness Program. In the afternoon, attendees will hear presentations from two of our outstanding speakers, Dr. Jody Burnett, and Kaleb Dahlgren. Our evening session includes a catered meal and an opportunity to hear from our keynote speaker, Stephane Grenier.

Dr. Jody Burnett is a Registered Doctoral Psychologist with the Saskatchewan College of Psychologists who has been providing service to the general public, specializing in service provision to first responders/public safety personnel and their families for the past 18 years.

Kaleb Dahlgren was diagnosed with Type 1 diabetes in early childhood, Kaleb succeeded at hockey despite the medical diagnosis. Following the horrific Humboldt Broncos bus crash and sustaining a traumatic brain injury, he has returned to the ice and motivates audiences to never admit defeat.

Stephane Grenier is powerful speaker who provides a nice blend of evidence base, personal experiences and humor, allowing audiences a firm understanding of how we need to re-humanize the healing and recovery process.

Please consider <u>purchasing a seat or table</u> at this year's event, we appreciate your support.

Please join us on October 6, 2022, for the 4th annual Breaking Barriers fundraising event. Our theme this year is Post Pandemic: Emerge from the darkness. In a time unlike any other, it is more important than ever to prioritize mental wellness and ensure we are looking after ourselves and loved ones. This year's event returns to an in-person format at Prairieland Park and highlights three noteworthy speakers focusing on hope and resilience in relation to mental health.

Bridges Health is one of the nation's finest multidisciplinary workplace wellness resources, offering holistic health and wellness strategies and solutions within organizations across North America. We aim to build and support healthy people, safe workplaces, and strong communities through compassionate interactions, effective teamwork, and a commitment to innovation and versatility.

Please complete the following contact information, you will then be redirected to the payment page.

Full Conference - Single Seat (\$249)

Full Conference - Table of 6 (\$1,449)Banquet & Evening Speaker - Single Seat (\$149)

Banquet & Evening Speaker - Table of 6 (\$844)

GREAT TURNOUT AT CITY COUNCILOR ZACH JEFFRIES NEIGHBOURHOOD TOWN HALL MEETING



It was a pleasure to join Zach Jeffries, Ward 10 City Councilor and Mayor Charlie Clark Wednesday evening at a town hall meeting held in our constituency.

Several people were in attendance from our neighbourhood in Saskatoon Willowgrove. There were excellent civic questions and a good discussion about the downtown entertainment district.

ORANGE SHIRT DAY & NATIONAL DAY OF TRUTH AND RECONCILIATION SEPTEMBER 30TH



September 30th is the National Day for Truth and Reconciliation. This day is meant to recognize the devastating impact that residential schools and other government policies have had on Indigenous People's lives and the ongoing impact it still has today. This day is a vital component of the reconciliation process and is meant to honour and acknowledge the Survivors of residential schools and those who are no longer with us, and the families and communities impacted by the tragic and painful history of residential schools.

Orange Shirt Day also takes place on September 30th. <u>Orange shirt day</u> is intended to raise awareness of the individual, family, and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". People are encouraged to wear the orange shirt to honour the residential school survivors and symbolize the stripping away of culture, freedom, and self-esteem experienced by Indigenous children over generations.

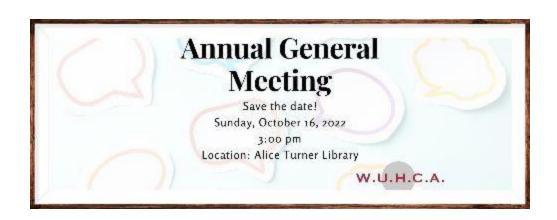


On **National Day for Truth** & **Reconciliation**, **Friday**, **September 30**, we show support and honour residential school survivors and their families.

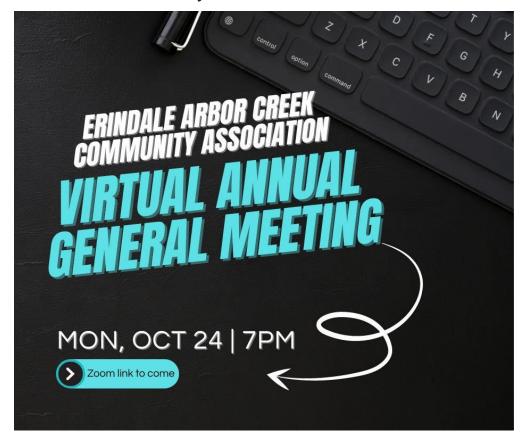
Everyone is welcome at this FREE afternoon of Indigenous activities including hoop dancing, Métis jigging, art and storytelling. Join the fun at Cosmo Civic Centre (3130 Laurier Drive) from 1:00-4:00 p.m. This programming is part of the City's commitment to advance its learning journey through creative programming and by responding to TRC Calls to Action #66 on youth programming and #89 on creating health and well-being opportunities by reducing barriers to sports participation.

REMINDER - SAVE THE DATE FOR THE ANNUAL GENERAL MEETINGS WITH OUR LOCAL COMMUNITY ASSOCIATIONS

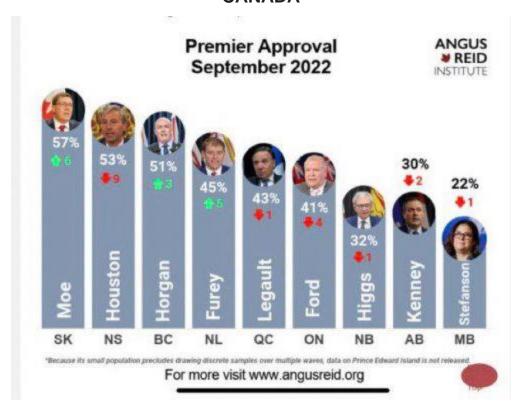
Willogrove University Heights Community Association (WUHCA)



Erindale Arbor Creek Community Association



PREMIER SCOTT MOE - HIGHEST APPROVAL RATING IN CANADA



Saskatchewan has a strong and growing economy, a bright future, and now, Canada's most popular Premier.

The latest Angus Reid poll shows Premier <u>Scott Moe</u> has taken the top spot with the highest approval rating in all of Canada.

LET ME KNOW IF YOU NEED ASSISTANCE



I hope you enjoy our newsletter. If you are no longer interested in receiving this newsletter, please use the UNSUBSCRIBE button, located below.

Thank you.

I appreciate the opportunity to make a positive difference in our constituency. Your phone calls, letters, and emails make a big difference in keeping me informed on the issues that matter to you.

If you would like me to recognize anyone or have your event mentioned in this newsletter, please don't hesitate to call or email me.

NEW SASKATCHEWAN HOUSING BENEFIT STREAMS TO SUPPORT PEOPLE IN HOUSING NEED



Supporting People in Housing Need

Two new streams of the Saskatchewan Housing Benefit will now be available to help people in vulnerable situations find safe and independent housing.



Every Canadian deserves a safe and affordable place to call home.

Ahmed Hussen, Minister of Housing and Diversity and Inclusion, and Social Services Minister and Minister Responsible for Saskatchewan Housing Corporation (SHC) Gene Makowsky, introduced two new streams of the Saskatchewan Housing Benefit (SHB) to offer more financial support to people in vulnerable living situations.

Announced as part of the National Housing Strategy, the SHB, with up to \$11.5 million available in 2022-23, was co-developed by the federal and provincial governments through the Canada Housing Benefit initiative. All funding is cost-matched between the federal and provincial governments.

The SHB is a monthly benefit that helps Saskatchewan renters cover the costs of their rent and utilities. The two new streams, the Seeking Safety from Interpersonal Violence Stream and the Supportive Housing Stream, will provide more support for people in vulnerable situations to access housing and live independently.

New Saskatchewan Housing Benefit Streams to Support People in Housing Need | News and Media | Government of Saskatchewan

SASKATCHEWAN'S ECONOMY IS LEADING THE NATION



Investment in building construction 81.8% (1st in 19)
Wholesale trade 72% (1st in 19)
Manufacturing sales 26.8% (2nd in 19)
Urban housing starts 35.6% (2nd in 19)

Combine those strong economic indicators with a record number of jobs and it is clear Saskatchewan is firing on all cylinders with no sign of slowing down.

\$5.4 MILLION TO SUPPORT RAISES FOR EARLY CHILDHOOD EDUCATORS



The Government of Saskatchewan is pleased to announce a \$5.4 million grant to support raises for Early Childhood Educators.

Through the Canada-Saskatchewan Canada-Wide Early Learning and Child Care Agreement, this investment will provide these educators with an average \$2 an hour pay raise. Learn more at: https://bit.ly/3Uqje2p.

SASKATCHEWAN REFLECTS ON THE HARMFUL LEGACY OF RESIDENTIAL SCHOOLS ON TRUTH AND RECONCILIATION DAY



Photo credit CTV News

The Government of Saskatchewan has proclaimed September 30, 2022, as Truth and Reconciliation Day in the province.

The provincial government recognizes Truth and Reconciliation Day as an important day of remembrance and reflection for those who have suffered harm and to honour those whose lives were lost at residential schools.

The residential school system represents a sad chapter in this country's history, with harmful intergenerational impacts on Indigenous people and communities throughout the country.

"Our province remains committed to our partnership with First Nations and Métis people and communities as we move forward together on the continuous path of reconciliation," Minister Responsible for First Nations, Métis and Northern Affairs Don McMorris said. "September 30 is an important day for reflection, and I encourage all Saskatchewan people to use this as an opportunity to commemorate the tragic legacy of residential schools in our province."

On September 30, all provincial government buildings in Saskatchewan, including the Legislative Building and Government House, will lower their flags to half-mast. In recognition of the proclamation, the Provincial Capital Commission will be turning certain park lights orange in key locations of Wascana Centre, notably at the bandstand on the north shore, the legislative landing in front of the Queen Elizabeth II Gardens and at the steps of the provincial legislative building.

Both the National Day for Truth and Reconciliation and Orange Shirt Day are commemorated annually. Orange Shirt Day is an Indigenous-led movement intended to recognize the harm the residential school system did to children's safety, sense of self-esteem and well-being and to affirm that everyone around us matters.

All residents, including public employees and students, are encouraged to wear orange on this day to recognize Orange Shirt Day and commemorate the legacy of residential schools and honour survivors.

On September 29, government is proud to support and sponsor **Miyo**-wîcîwitowin Day. This event will take place at Mosaic Stadium in Regina and will bring people together to explore truth and engage in the principles of Truth and Reconciliation. The free program runs from 9:30 a.m. to 1:30 p.m.

For more information on Truth and Reconciliation in Saskatchewan, visit https://www.saskatchewan.ca/residents/first-nations-citizens/moving-forward-with-the-truth-and-reconciliation-commission.

BE AWARE



Worried about inflation and looking for ways to increase your retirement savings? Cryptocurrency and other volatile investment products make big promises, but come with big risks. To learn more about DIY investing and if it is right for you, visit https://bit.ly/3S0mvDZ

IMPROVING SASKATCHEWAN HIGHWAYS



Saskatchewan highways continue to be busy as road crews make progress on a variety of construction projects. More than 1,100 kilometres of highways saw improvements this year, working towards our Growth Plan target of improving 10,000 kilometres of highways by 2030.

SASKATCHEWAN PROVINCIAL PARKS EXTEND CAMPING RESERVATIONS FOR THE SEASON



From October 1 to March 15, select campsites in certain provincial parks are available to be reserved online at a discounted rate with reduced services.

"Demand for fall camping has continued to grow each year, which was especially evident last October after a record-breaking season," Parks, Culture and Sport Minister Laura Ross said. "Offering campsite bookings online throughout fall and winter gives campers the opportunity to extend their camping season with the assurance of knowing their campsite is reserved and will be ready upon arrival."

<u>Saskatchewan Provincial Parks Extend Camping Reservations for the Season | News and Media |</u>
<u>Government of Saskatchewan</u>

LARGEST QUARTERLY POPULATION INCREASE EVER RECORDED IN SASKATCHEWAN



Saskatchewan grew by 6,465 people in the second quarter of 2022 - the largest population jump in any three-month period since Statistics Canada started releasing quarterly population counts in 1971.

"Saskatchewan's economy is firing on all cylinders and creating thousands of new jobs," Trade and Export Development Minister Jeremy Harrison said. "That's attracting more people than ever to our province."

"Saskatchewan has plenty of opportunities, welcoming communities and a more affordable cost of living than most other places in Canada," Harrison said. "A strong economy and a growing population means a better quality of life for all Saskatchewan people. "That's growth that works for everyone."

There were 1,194,803 people living in Saskatchewan as of July 1, 2022, according to Statistics Canada and more than 15,000 job postings today on <u>SaskJobs.ca</u>.

INTRODUCING HEALTH SYSTEM NAVIGATORS



Health Human Resources Action Plan: Introduce Health System Navigators to support internationally educated healthcare workers in Saskatchewan. Find out more at: www.saskatchewan.ca/hhr

SENIORS' WEEK IN SASKATCHEWAN



Saskatchewan seniors play a valuable role in our communities. Find out about programs and services for seniors here: www.saskatchewan.ca/seniors

LEARN MORE ABOUT SASKATOON BERRIES!



Learn all about the Saskatoon Berry including the history , where to pick/ buy, and a delicious berry pie recipe from <u>Lorraine's Saskatoon Berries</u> in our new blog

Read blog here https://www.tourismsaskatoon.com/.../all-about-saskatoon.../

ANOTHER GREAT EVENT IN SASKATOON - NSBA - LESSONS I'VE LEARNED



You won't want to miss this one! Four established businesspeople share their experience and life lessons in an authentic and transparent way, making for a memorable business event.

Click here to grab your ticket today: https://nsbasask.com/.../nsbas-16th-annual-lessons-ive.../

HARVEST IN SASKATCHEWAN



Photo credit: Meanwhile in Saskatchewan Facebook page

ONE STOP WEBSITE FOR STUDENTS PURSUING A CAREER IN HEALTH CARE



There are lots of opportunities for <u>#skstudents</u> to build a career in the province's health care sector! The other week, the <u>Government of Saskatchewan</u> released its four-point Health Human Resources (HHR) Action Plan to recruit, train, incentivize and retain health care professionals.

Find out what this means for students interested in pursuing a career in health care at https://www.saskatchewan.ca/HHR





Registration is now open for fall Home Alone training.

Home Alone - St. John Ambulance Training Centre (301 Central Avenue) - October 19th, 2022 5:00 - 7:30PM

- Child must be 10 years old.
- Cost is \$40 per child
- Maximum registrants is 10
- Registration deadline is October 13th

Visit the <u>lakeviewca.com</u> for more details and to register.

#yxe #ward9yxe Lakeview Community Association, Saskatoon

GOVERNMENT OF SASKATCHEWAN PROCLAIMS 2022 GLOBAL BIOTECH WEEK



Agriculture Minister David Marit proclaimed September 26 to October 2, 2022, as Global Biotech Week in Saskatchewan. This week celebrates the role biotechnology plays in the agriculture industry and beyond.

Approximately one-third of Canada's agricultural biotechnology sector is in Saskatchewan and the province is considered a leader in the field. Saskatchewan joins other regions across Canada and around the world to celebrate Global Biotech Week each year.

"Scientists use biotechnology to grow Saskatchewan's economy by developing new crop varieties that are more resistant to disease and pests, weather-related stress and more; delivering vaccines to protect our livestock; and enhancing environmental sustainability of the sector," Marit said. "Global Biotech Week celebrates the work of researchers and raises awareness of the important role the sector plays in agriculture and the life sciences."

<u>Government of Saskatchewan Proclaims 2022 Global Biotech Week | News and Media | Government of Saskatchewan</u>

FIRST-IN-CANADA TREATY BOUNDARY SIGNAGE TO BE PLACED ALONG SASKATCHEWAN'S HIGHWAY 11



Saskatchewan is now the first Canadian province to recognize a Treaty boundary along a major provincial highway.

As you drive along Highway 11, you will now see two signs marking the entry into Treaty 6 territory as you travel north, and Treaty 4 as you travel south.

These two boundary signs complement the ongoing work in our province as we continue towards meaningful and lasting reconciliation in Saskatchewan. <u>First-In-Canada Treaty Boundary Signage To Be Placed Along Saskatchewan's Highway 11 | News and Media | Government of Saskatchewan</u>

NEW CAMPAIGN LAUNCHED TO HELP REDUCE THE HARMFUL EFFECTS OF MEDICATION MISUSE



The Pharmacy Association of Saskatchewan launched a public awareness campaign to help address the harmful effects of medication misuse. The province-wide campaign encourages Saskatchewan residents to return all unused and expired medication to a local pharmacy. The Government of Saskatchewan is providing \$350,000 toward the program.

"We are pleased to support the Pharmacy Association's efforts to keep Saskatchewan residents safer," Mental Health and Addictions, Seniors and Rural and Remote Health Minister Everett Hindley said. "Developing a provincial safe medication disposal program is an important part of our suicide prevention plan, as removing unused prescription drugs limits access to a means of suicide."

Pillars for Life: The Saskatchewan Suicide Prevention Plan is the provincial government's plan to address and prevent suicide. Government and its partners are building on it to improve delivery of suicide prevention programs in the province.

New Campaign Launched To Help Reduce The Harmful Effects Of Medication Misuse | News and Media | Government of Saskatchewan

BIVALENT COVID-19 VACCINE AVAILABLE TO 18+ STARTING SEPTEMBER 29



Starting Thursday, September 29, all Saskatchewan residents 18 years and older who are eligible for a COVID-19 booster dose may receive the Moderna bivalent vaccine through Saskatchewan Health Authority (SHA) booked and walk-in clinics or <u>participating pharmacies</u>.

It is recommended that eligible residents receive the Moderna bivalent booster dose at least four months following their last COVID-19 vaccination, regardless of the number of COVID-19 doses received to date.

The Moderna bivalent vaccine has been approved by Health Canada as a booster dose only; if you require either your first or second dose at this time, you can receive all other Health Canada-approved vaccines as your primary series.

<u>Bivalent COVID-19 Vaccine Available to 18+ Starting September 29 | News and Media | Government of Saskatchewan</u>

EMPLOYER ENGAGEMENT EVENT



workplace cultures and the benefits they have experienced.

In conjunction with Disability Employment Awareness Month (DEAM), SARC is hosting an employer engagement event at no cost to you.

This event is open to employers and those warring to learn more about the benefits of building inclusive workplaces.



SHARON DAVIS REGINA

WHY YOU SHOULD ATTEND:

join usion October 13th to learn about the benefits of hiring inclusively.

Hear from special guest speakers Holly Singer from Milk Jan Candle Company and Sharon Davis from SaskTell as they share the benefits they have seen by hinng people experiencing disability, including increased bottom lines, employer engagement, and corporate culture.



Register Now

EVENT DETAILS

October 13, 2022 11:45 AM

Saskatoon Inn Saskatoon, SK

Lunch will be provided at no cost for everyone attending in-person

Register before October 4, 2022

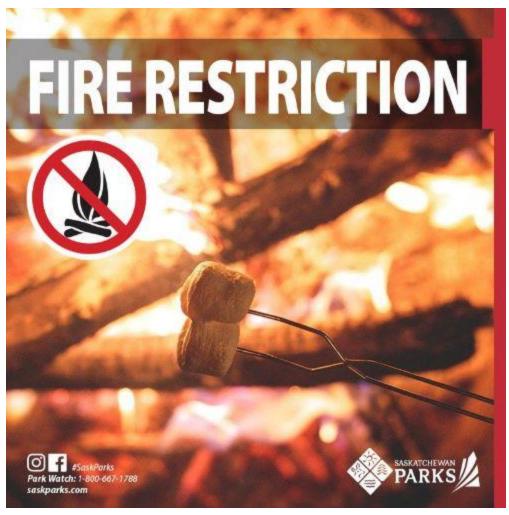
FOR MORE INFORMATION ON BEST PRACTICES FOR HIRING PEOPLE EXPERIENCING DISABILITY, VISIT EMPLOYLINK.CA.

Linking job seevers of all abilities to amployment

On October 13 SARC Saskatchewan is hosting It Pays To Be Inclusive, an in-person and online employer engagement event. Registration for the event runs until Oct 4, don't miss out on learning from employers who have created inclusive workplace cultures!

For more information, scan the QR or visit: https://www.sarclearningcentral.ca/.../employer.../

CHECK FOR FIRE RESTRICTIONS



Before you head to your campsite, be sure to check <u>saskparks.com</u> for active fire restrictions. Due to extreme fire hazards, fire restrictions have been to added to the following locations:

- Pike Lake Provincial Park

All open fires are prohibited when restrictions are in place. CSA-approved self-contained portable gas heating devices and fire pits, barbecues, pressurized stoves and charcoal briquettes will be permitted for cooking and heating purposes.

HEALTH RECRUITMENT MISSION



Health Human Resources Action Plan: Leading a Healthcare Recruitment Mission to the Philippines this fall to promote available opportunities for working in Saskatchewan. Find out more at www.saskatchewan.ca/HHR

LEARN MORE ABOUT INVESTING





fcaa.gov.sk.ca

Guesswork as an investment strategy can lead to big losses. Don't underestimate how much research and knowledge DIY investing requires. To learn more about DIY investing and if it is right for you, visit our website at https://bit.ly/3S0mvDZ

THOUGHT OF THE DAY

Three Keys to Success Keep dreaming. Keep believing. Keep going...

friend on Facebook | forward to a friend

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